

'Jesus said, "I have come that you may have life in all its fullness' (John 10:10)

PE Curriculum

Intent

Our PE curriculum develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, games, gymnastics, outdoor and adventurous activity challenges, swimming and water safety and athletics.

Oakhill's PE curriculum inspires all children to succeed and excel in competitive sport (against themselves and others) and other physically demanding activities. It promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills, and it promotes positive attitudes towards a healthy lifestyle.

For some terms, we follow the REAL PE scheme of work which is a child centred PE scheme which focuses on being inclusive, challenging and supportive of every child.

Implementation

Through REAL PE's lesson structure and differentiated activities, every child has opportunities to take part and be successful where effort, participation and development is supported. We teach the National Curriculum via REAL PE's progression of skills. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children. At our school, the PE curriculum is structured to develop a range of physical and social skills that can be applied to a multitude of sporting contexts. We strive to ensure all children progress from their personal starting point by developing balance, coordination, agility and overall fitness. During KS2, children will have a series of structured swimming sessions to ensure that they are confident in the water.

Impact

By the end of year 6, Oakhill Primary School children will have:

- Developed an in-depth knowledge of a variety of sports, the rules associated with sports, the skills that can be implemented and how they can be successful from their starting point.
- An understanding of the importance of physical health and its direct impact on well being.
- A passion for PE that enables them to demonstrate a good level of physical skills as well as possessing positive behaviours and social skills.