

Oak Hill Church of
England Primary School
*'Jesus said, 'I have come that you may
have life in all its fullness'
(John 10:10)*

FAITH – VALUES – ACTION



Newsletter Friday 2nd December 2022

Nativity

Wow! What amazing performances and singing! It was a real team effort, highlighted by some stunning acting from our Key Stage 1 children. Well done everyone, we are so proud of your efforts. Thank you to all the school community for coming together and making this happen.





Scarlet Fever and Strep A Advice

Advice for parents and carers

Symptoms of scarlet fever and when to see a GP

Scarlet fever is a contagious bacterial infection that mostly affects young children. It is easily treated with antibiotics. The first signs of scarlet fever can be flu-like symptoms, including high temperature, a sore throat and swollen neck glands (a large lump on the side of your neck).

A rash appears 12 to 48 hours later. It looks like small, raised bumps and starts on the chest and tummy, then spreads. The rash makes your skin feel rough, like sandpaper. On white skin the rash looks pink or red. It may be harder to see on brown and black skin, but you can still feel it. A white coating also appears on the tongue. This peels, leaving the tongue red, swollen and covered in little bumps (called "strawberry tongue"). The rash does not appear on the face, but the cheeks can look red. The redness may be harder to see on brown and black skin.

Contact a GP if your child:

- Has scarlet fever symptoms
- Does not get better in a week (after seeing a GP)
- Has scarlet fever and chickenpox at the same time
- Is ill again, weeks after scarlet fever got better – this can be a sign of a complication, such as rheumatic fever

- Is feeling unwell and has been in contact with someone who has scarlet fever

Scarlet fever is very easily spread. Check with a GP before you go in. They may suggest a phone consultation.

What to do if you feel your child seems seriously unwell

As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement. Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- your baby is under 3 months and has a temperature of 38°C, or is older than 3 months and has a temperature of 39°C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, tongue or lips are blue
- your child is floppy and will not wake up or stay awake

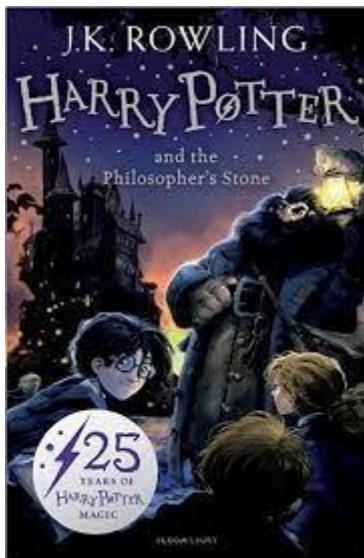
Good hand and respiratory hygiene are important for stopping the spread of many bugs. By teaching your child how to wash their hands properly with soap for 20 seconds, using a tissue to catch coughs and sneezes, and keeping away from others when feeling unwell, they will be able to reduce the risk of picking up or spreading infections

Reception Places

Just a reminder that applications for Reception places close on 15th January 2023. We are currently showing parents around the school. If you know parents who are considering schools for their children, then please do urge them to come in and see us.

Book Review by Lottie

Harry Potter and the Philosopher's Stone
by JK Rowling



It is about a boy called Harry. When he is 11 he gets a parchment letter from Dumbledore offering him a place at Hogwart's School of Witchcraft and Wizardry. He meets ogres, magic spiders and many more creatures and characters.

Comments:

"It is really funny. I wish I could be Harry!"

Mum loved it so much she wouldn't let me dad read it".

It's for all ages; it's brilliant".

Therapeutic Gardening

This week was the last gardening session of 2022. Both groups worked together to check how all the bulbs and seeds they had previously planted were doing. They were so excited to see that the broad beans had started grow. The children then looked at the bulbs at the front of the school and counted 15 daffodils and tulips beginning to show through the soil. They pricked out the honesty seedlings that had begun to germinate in one of the troughs to make space for the bulbs to come through.

At the end of the session, the children were asked what their favourite part of the therapeutic gardening had been and how they had benefited from it. All the children agreed that their favourite parts had been planting all the bulbs and learning about all the different seeds. One even said they enjoyed finding the snails and worms in the soil! The benefits the children had gained were; they felt happier, felt proud of what they had achieved each week and being able to watch the plants grow. The general enjoyment of being outside in the fresh air and participating in an activity they would not normally get to do.





Thrive

This week in Thrive, a couple of the younger members of the school made Christmas decorations. Not only is doing crafting fun, it is also shown to improve self-confidence, improve mental agility, have a calming effect on our body as it focuses the mind and improves both gross and fine motor skills.

Another pupil made a 'Calming Glitter Jar'; this is a great mindfulness activity and is a useful tool for those who might experience difficult emotions. It is great to use to reduce anxiety or to regulate the body if we begin to feel angry or sad. They work as a 'visual anchor', encouraging the child to focus their attention and gradually allows the child to control their emotions and learn how to self-regulate. The act of shaking the jar to enable the glitter to move also has a calming effect.

Others made jewellery to help gain self-esteem and self-confidence. Encouraging individuals to find something they are good at outside of the classroom can provide a boost of self-worth and a great sense of achievement and can increase the enthusiasm to learn when back in the classroom.



Red Banana Drama Workshops



FESTIVE FUN
Ages 8-12
19th, 20th and 21st December : 10am-2pm
Venue: Winchcombe Abbey C of E Primary School
Anyone in Tewkesbury Borough is invited to book. Specific places available to those who receive Free School Meals

DRAMA ACTIVITY FUN and "THE YUMMIEST EVER" HOT MEAL!
Games, Imagination, Drama, Parachute Activities, Props in a box and Some important Elf and Safety training for this time of year!

For more information or to enquire about booking a place please contact
Kerry: redbananadrama@yahoo.co.uk
www.redbananadrama.com
07796 207300

Red Banana Drama is an activity provider for Gloucestershire County Council, these drama activity days are funded as part of their HAF/HAP Activity Program. Booking must be done via the Gloucestershire County Councils website. Kerry will provide details, links and booking support.

Gloucestershire County Council and Red Banana Drama are offering **FREE CHRISTMAS DRAMA ACTIVITY DAYS** for 8-12 year olds which include a hot meal!

The venue is **Winchcombe Abbey C of E Primary School**. It is open to anyone in the Tewkesbury Borough. Booking is essential.

10am-2pm on Monday 19th, Tuesday 20th and Wednesday 21st December.

Bookings need to be done via Gloucestershire County Councils booking system. If you would like to book a place, please contact Kerry at redbananadrama@yahoo.co.uk or 07796207300 and I can give you details and links for registering or go to <http://www.redbananadrama.com>

Children can expect a fun filled day with games, story making, parachute activities and more!

FOOHS

If you'll be doing any shopping on Amazon over the festive period, we'd be thrilled if you could do it through this link: <https://smile.amazon.co.uk/ch/1060953-0>

Using your normal Amazon login details, Amazon Smile has the same products, the same prices and the same services as the Amazon you know, and they donate a

percentage of eligible sales to FOOHS as a registered charity.

Friends of Oak Hill School are also delighted to be the chosen organisation for Alderton's charity football match this year. With your help, we can support the school to ensure it has all of the resources it needs to offer our children a brilliant education and the means to have fun, make friends and feel safe in our beautiful village.

Please buy your entry for the annual Alderton Charity Football Prize Draw!

Each entry gives you one chance to win....

4 Premier League tickets to watch Manchester Utd vs Southampton at Old Trafford on 11th March 2023!

Entries are £20 each (and if purchased online will incur an additional 50p processing fee). To pay in cash in person please contact James Starkey on 07485 152 722.

<https://www.tickettailor.com/events/friends-foakhillschool/807609>

Remember to invite your friends and family to join in with our fundraising efforts!

Carol Service

After the wonderful Nativity performances this week, we are eagerly awaiting our Carol Service on Thursday 15th December at 6pm at Alderton Church. All children will be participating and the singing already sounds wonderful. The service will be led by Year 6. Please do come along and join us. FOOHS will be serving refreshments after the service.

Online Safety

HiPal is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two

account options: one for users aged under 12 and one for those aged 12 or above. The former has fewer features and limits interaction with strangers; enabling use of the walkie-talkie feature or photo sharing with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, send private messages and holding voice chats with strangers as well as friends.

In the guide, you'll find tips on a number of potential risks such as contact with strangers, dangerous challenges and intrusive features.

What Parents & Carers Need to Know about HiPAL

12+ (with parental permission for under-12s)

WHAT ARE THE RISKS?

CONNECTING WITH STRANGERS
HiPAL is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two account options: one for users aged under 12 and one for those aged 12 or above. The former has fewer features and limits interaction with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, sending private messages and holding voice chats with strangers as well as friends.

NO AGE GATES OR MODERATION
Although users are given an option to create an account for under-12s, there is no age gate or moderation in place to ensure that users are not able to access the app. This means that anyone can create an account and use the app, even if they are under 12.

INTRUSIVE FEATURES
HiPAL offers a range of features that are designed to be fun and engaging, but some of these features can be intrusive. For example, the app allows users to share their location with others, and it has a feature that allows users to see who is looking at their profile.

LARGE GROUP CHATS
The app offers group chats with up to 100 members. This means that users can be contacted by a large number of people at once, which can be overwhelming and potentially dangerous.

ADVICE FOR PARENTS & CARERS

- EMPHASISE CAUTION**
Remind your child of the dangers of connecting with strangers online. Advise they should never share personal information, such as their name, address, phone number, or school details, with anyone they do not know in real life.
- TALK ABOUT SEXTING**
Discuss the risks of sexting (sending explicit messages) and encourage your child to report any such messages to you. Advise they should never share any explicit photos or videos.
- BUILD RESILIENCE**
Encourage your child to be confident and assertive. Advise they should not feel pressured to share any information or photos, and that it is okay to say no.
- AVOID OVER-SHARING**
Encourage your child to think carefully about what they share in their posts, and to avoid sharing any personal information, such as their name, address, phone number, or school details.
- CONSIDER MENTAL WELLBEING**
Encourage your child to be confident and assertive. Advise they should not feel pressured to share any information or photos, and that it is okay to say no.

Meet Our Expert
Dr. Sarah-Jane Hill, a leading expert in child psychology and mental health, shares her insights on the risks of social media and how to protect your child's mental wellbeing.

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety

Half Termly Christian Value

COMPASSION
Compassion - pity or mercy
(Oxford School Dictionary)

Love and compassion are necessities, not luxuries. Without them, humanity cannot survive.
-Dalai Lama

Be kind and compassionate to one another, forgiving each other, just as Christ God forgave you
Ephesians 4:32

COMPASSION
BINDS US TO ONE ANOTHER - NOT IN PITY OR PATRONIZINGLY, BUT AS HUMAN BEINGS WHO HAVE LEARNT HOW TO TURN OUR COMMON SUFFERING INTO HOPE FOR THE FUTURE.
- NELSON MANDELA

"I can do all things through Christ who strengthens me"
PHILIPPIANS 4:13

Church Service in Alderton

Services this Sunday are:

9.00am Wormington - Advent HC

4.00pm Alderton - Service with Lessons, Carols and Christingle

Rowan Class

This week we have lots of tired but happy children in Rowan class. The children had two Nativity performances this week as well as a full dress rehearsal on Monday which we performed to Alderton Acorns. They were all absolutely incredible and made me extremely proud with their wonderful singing, loud voices and stage presence!

This week we have also continued looking at the layout of a biography. We have

been learning about Florence Joyner, the fastest women in the world and have begun our own biographies focusing on the heading, alliterative subheading and interesting question.

We have also taken part in 2 scholastic winter reading festival live lessons which the children have absolutely loved! We started the week listening to Lucy Rowland read her new Christmas book 'We Wish You A Smelly Christmas' which was very funny! She then helped us plan our own smelly Christmas story. On Wednesday, we joined Nick Sharratt who showed us how to draw some of his amazing illustrations and read his new story 'Unicorn Moonicorn'.

In Maths, Year 2 have been adding two 2-digit numbers. They started by not crossing 10 and now have the challenge of crossing 10 when adding! Year 1 have been looking at subtracting. They have been finding parts to help them with this and also taking away by crossing out.

Reception have been continuing to learn their numbers all the way up to 20 and have now learnt all of the letters in the alphabet. Wow!



Elm Class

Last week the school were treated to Mark's piano performances of Bending the Rules, Mazurka and Felicitous. His dedication to practise has yielded good results after just four months. We all very much enjoyed listening.



This week has been dominated by our school Nativity with rehearsals and performances. A special mention to both Reuben and Evelyn who volunteered to replace missing children in Rowan Class. We have, of course, managed to squeeze in several learning activities including:

- compass points and grid references
- evaluating watercolours
- using primary and secondary sources to reach conclusions (Anglo-Saxons)
- Christmas vocabulary (French)
- Who owns the web? (Computing)

Redwood Class

Redwood Class had a wonderful penultimate week of this term. They were fantastic during the nativity supporting the children in Reception and KS1.

In DT this week, our focus was comparing processed and homemade food, specifically bread. We tried the shop-bought gluten free bread and then worked in groups to make gluten free bread. This did not turn out well! But it was a great afternoon of team work and, although the results were not overly appealing, the children had fun making it. We are going to try another food item next week.

The children have continued to focus on fractions in Maths, deepening their understanding of equivalent fractions and how to use these to solve problems.

In Science, the children have designed and carried out an investigation into heart rate recovery. They had to think of a question, make predictions then carry out and record the results.

In History, the children started their innovate journals. They had eight significant black Britons to choose from, researching their life before writing a biography on them.

Finally, we have been busy rehearsing for the Carol Service next week. The children from Redwood Class will be leading service and are taking those roles very seriously!





House Points

House point totals for this week:

Ashdown 290

Sherwood 535

Dean 439

Class Attendance

Rowan Class 95%

Elm Class 96.4%

Redwood Class 96.9%

Stars of the Week

Rowan Class:

Stars of the Week - all of Rowan Class for being amazing during the Nativities this week!

Elm Class:

Star of the Week - Edward for an astute analysis of Anglo-Saxons sources

Value of the Week - Martha for the compassion and support she provides to her peers.

Redwood Class:

Star of the Week – Alana for playing the piano in the Nativity.

Value of the Week - Ellie for practising her spelling every week, showing real determination

Diary Dates

Please be aware that these may be subject to change.

December

- 12th Christmas Craft Day
- 13th Rowan Class visit
- 14th Christmas Lunch
- 15th Carol Service 6pm @Alderton Church
- 16th Term Ends

January

- 3rd INSET Day
- 4th Term Starts
- 5th Height and Weight Measurements
- 20th Year 3/4 Swimming
- 27th Year 3/4 Swimming

February

- 2nd Introduction to Parliament
- 3rd Year 3/4 Swimming
- 7th Safer Internet Day
- 10th Year 3/4 Swimming
- 17th Year 3/4 Swimming
- End of Term