


Oak Hill C of E Primary School PSHCE Curriculum Progression Ladder

In conjunction with two year rolling programme cycle

	<p style="text-align: center;">Living in the Wider World</p>	<p style="text-align: center;">Health and Wellbeing</p>	<p style="text-align: center;">Relationships and Sex Education</p>
<p>Reception</p>	<p>Internet Safety Children will learn about:</p> <ul style="list-style-type: none"> • Games, applications, TV streaming • Passwords/Access codes, PINS • Appropriate websites 	<p>Keeping Safe/People who help us Children will learn about:</p> <ul style="list-style-type: none"> • Fire Safety • Road Safety • SunSmart • Safe use of medicines and other substances • Taking responsibility for themselves • Know what adults are responsible for <p>All About Me Children will learn about:</p> <ul style="list-style-type: none"> • Valuing their bodies and capabilities • Knowing what makes each of us unique and special • Brushing teeth • Hygiene • Being aware of body needs e.g. water, sleep exercise etc. • Introduce correct names for body parts 	<p>Friends and Kindness Children will learn about:</p> <ul style="list-style-type: none"> • Protective behaviours (understanding what makes you and others feel happy or sad) • Identifying kindness
<p>Years 1 and 2 Two Year Rolling Programme</p>	<p>Internet Safety Children will learn about:</p> <ul style="list-style-type: none"> • Internet Safety - Online games, email/chat 	<p>Keeping Safe/People who help us</p> <ul style="list-style-type: none"> • Road safety • Personal safety • Stranger danger 	<p>Friends and Family</p> <ul style="list-style-type: none"> • Children will learn about: • Different relationships • The responsibilities that parents

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	<ul style="list-style-type: none"> • Games, applications, TV streaming • Passwords/Access codes, PINS • Appropriate websites <p>Media Influence</p> <ul style="list-style-type: none"> • Reacting to events on TV e.g. terrorism, racism, inappropriate behaviour of role models • Advertising e.g. influence, bias, distortion <p>Financial Capability</p> <ul style="list-style-type: none"> • Monetary value and the notion of saving up for a purchase <p>Social Issues</p> <ul style="list-style-type: none"> • Issues of interest/relevance to their locality <p>Citizenship and British Values</p> <ul style="list-style-type: none"> • Children will learn about: • Contributing to the life of the classroom and the school • Group and class rules and understand how these rules help them <p>Rights and responsibilities</p> <ul style="list-style-type: none"> • Belonging to various groups and communities such as family and school • What improves and harms their local, natural and environments and about some of the ways people look after them 	<ul style="list-style-type: none"> • Sun Smart • Recognise that our feelings can affect the way we behave • Identify where we can go when we need to feel safe • Identify who we can speak to about our feelings • Drugs and their uses (medicines are drugs that are intended to help us) <p>All About Me</p> <ul style="list-style-type: none"> • Children will learn about: • The changes that have taken place since being a baby • Some of the changes that will take place as a baby grows into an adult • that humans produce babies that grow into children and then into adults • the main external parts of the bodies of humans including agreed names for sexual parts • What makes each of us unique and special • Hygiene • Resilience • Personal responsibility • Diet & exercise • Illness, wellness & balance • Positive coping strategies 	<p>have for babies and children</p> <ul style="list-style-type: none"> • The underwear rule (PANTS) • Making and keeping friends • Protective behaviours (understanding what makes you and others feel happy or sad) • Positive touch activities - the need to seek permission when we touch someone else - the need to be respectful of a person's personal boundaries <p>Kindness</p> <ul style="list-style-type: none"> • Different types of unkind behaviour • The difference between isolated incidents of unkind behaviour and bullying • Identifying acts of kindness • Exploring how kindness benefits all involved
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<p>Years 3 and 4</p> <p>Two year rolling programme</p>	<p>Internet Safety Children will learn about:</p> <ul style="list-style-type: none"> • Internet Safety -Online games, email/chat • Texting, instant messenger, ‘kick’ etc. • Appropriate gaming, websites, applications, TV streaming • Passwords/Access codes, PINS • Appropriate websites <p>Media Influence Reacting to events on TV e.g. terrorism, racism, inappropriate behaviour of role models</p> <ul style="list-style-type: none"> • Advertising e.g. influence, bias, distortion <p>Financial Capability Monetary value and the notion of saving up for a purchase</p> <ul style="list-style-type: none"> • Different sources of income • Different forms of money and payment <p>Social Issues</p> <ul style="list-style-type: none"> • Issues of interest/relevance to their locality <p>Citizenship and British Values</p> <ul style="list-style-type: none"> • Why different rules are needed • in different situations and how to • take part in making them • Human rights and that children have their own special rights set out in the United Nations Rights of a Child 	<p>Keeping Safe at Home/Keeping Safe Outside</p> <ul style="list-style-type: none"> • Recognise that our feelings can affect the way we behave • Identify where we can go when we need to feel safe • Identify who we can speak to about our feelings • Alcohol & tobacco • Drugs and their uses including medical drugs • Effects and risks of drugs • Children learn that drug use is a minority activity • Sun Smart <p>Personal Responsibility Children will learn about:</p> <ul style="list-style-type: none"> • What is special about me? • My thoughts, feelings • What affects our energy levels and the way we feel • Recognising how these feelings can impact our behaviour • Resilience • Hygiene • Diet, exercise & sleep • Illness, wellness & balance • Managing feelings • Self worth • Anxiety – triggers, positive strategies for coping. • Bereavement (of pets) 	<p>Friends and Family Children will learn about:</p> <ul style="list-style-type: none"> • Changes in relationships with parents & friends • Different types of love • The need for trust and love in marriage and established relationships • The responsibilities that parents have for babies and children • Positive touch activities • The need to seek permission when we touch someone else • The need to be respectful of a person’s personal boundaries <p>Kindness and Anti-Bullying</p> <ul style="list-style-type: none"> • The difference between isolated incidents of unkind behaviour and bullying • Recognising that bullying behaviour is not the norm (most of the time, most children are not bullied and are not bullies) • Identifying acts of kindness • Exploring how kindness benefits all involved
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	<ul style="list-style-type: none"> • Different kinds of responsibilities, rights and duties at home and at school • Being part of a community and understand that they belong to different groups • The lives of people living in other places and with different values and customs • What improves and harms their local and natural environments and about some of the ways people look after them 	<p>Growing Up</p> <ul style="list-style-type: none"> • Some of the physical changes that will happen as they get older • The physical changes that take place at puberty, why they happen and how to manage them 	
<p>Years 5 and 6</p> <p>Two year rolling programme</p>	<p>Internet Safety</p> <ul style="list-style-type: none"> • Internet Safety – Facebook, grooming etc. • Appropriate gaming, websites, applications, TV streaming • Share Aware - what information you share online and how it could be used <p>Media Influence</p> <p>How events on TV are portrayed e.g. terrorism, racism, inappropriate behaviour of role models</p> <ul style="list-style-type: none"> • Advertising e.g. influence, bias, distortion • Media influence • Body image <p>Financial Capability</p>	<p>Keeping Safe at Home/Keeping Safe Outside</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> • Legal & illegal drugs • Drugs and the law • Effects and risks of drugs • E-cigarettes • Drug use as a minority activity • Drug use in young people decreasing • Different types of risks, including positive risk taking • Identifying and assessing risks • Hazards in the home e.g. electrical appliances, sources of fire, sharps and blades, cleaning substances etc. • SunSmart • Emergency Aid 	<p>Friends and Family</p> <p>Children will learn about:</p> <ul style="list-style-type: none"> • Friends • Changes in relationships e.g. with parents, boyfriend/girlfriend • The need for trust and love in marriage and established relationships • Protective behaviours • Assertiveness (self-assured and confident without being aggressive) • Positive touch activities • The need to seek permission when we touch someone else • The need to respect personal boundaries <p>Kindness and Anti-Bullying</p> <p>Peer pressure</p>

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	<ul style="list-style-type: none"> • Monetary value and the notion of saving up for a purchase • Different sources of income • Different forms of money and payment • Managing a budget • Enterprise opportunities <p>Social Issues</p> <ul style="list-style-type: none"> • Issues of interest/relevance to their locality eg gang culture, young carers in the community <p>Citizenship and British Values</p> <ul style="list-style-type: none"> • Topical issues, problems and events (including the global environment) and how to take part in debates • The range of national, regional, religious and ethnic identities in the United Kingdom • Rules and laws that protect themselves and others and how they are made and changed • Different kinds of responsibilities, rights and duties in the community • Rights in relation to the law • Resolving differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices • The role of voluntary and 	<ul style="list-style-type: none"> • Public transport • Hazards in our community e.g. power sub stations, sharps and blades, farms, construction sites <p>Personal Responsibility Children will learn about:</p> <ul style="list-style-type: none"> • Bereavement • Managing feelings • Self worth • Anxiety – triggers, positive strategies for coping. • Resilience • Self harm • Hygiene • Diet, exercise & sleep • Illness, wellness & balance • Assertiveness (self-assured and confident without being aggressive) <p>Growing Up Puberty/body changes</p> <ul style="list-style-type: none"> • The physical changes that take place at puberty, why they happen and how to manage them • Name and describe the functions of the sexual organs of boys and girls • Describe some internal differences between males and females • About the facts of the human 	<ul style="list-style-type: none"> • Different types of unkind behaviour and bullying (emotional, physical, verbal, cyber, sexual, homophobic, racial, cultural) • Identifying acts of kindness • Exploring how kindness benefits all involved
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	community groups	lifecycle, including sexual intercourse	
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